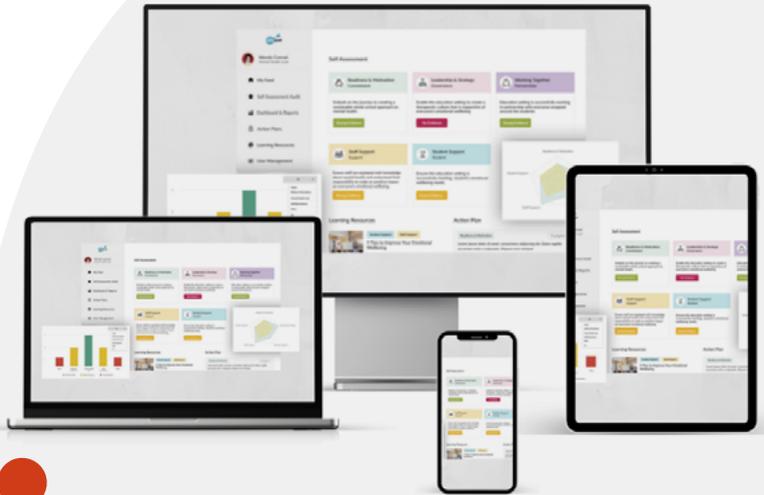


powered by  
**innovatingminds**



**EduPod™**  
Digital Platform for  
Mental Health Leads



# Welcome

Innovating Minds is a multi-award-winning social enterprise that cares about promoting a mentally healthy environment in schools. Our team of Clinical Psychologists help educators to create a culture that provides early mental health intervention and support for future generations.



Innovating Minds brings you EduPod, the all-in-one software for Mental Health Leads in Schools. EduPod is a new way for Mental Health Leads to plan, manage and evaluate their journey to create a happy and mentally healthy environment for the whole school community. It is affordable, responsive to your school needs and enables Mental Health Leads to access guidance from experts.

Our five principles are the backbone of a successful whole school approach strategy. These principles are in line with the 8 key principles outlined by Public Health England.



*EduPod has been extremely helpful on guiding me through the processes for my whole school approach. The whole site is incredibly user friendly and makes everything as simple as it can be. I have found it to be a very pleasurable experience to use on my journey so far. Tanya Birch has been wonderful in my 1:1 coaching. She is efficient and extremely approachable.*

Anon, Mental Health Lead



# Evidence Based Approach

Everything we do has been carefully researched and comes from a strong evidence base. We pride ourselves in being able to transform the evidence base into practice.

EduPod pulls together our clinical experience, research and national guidance.

## Department for Education (DfE)

DfE identifies a whole school approach to promoting good mental health as a protective factor for child and adolescent mental health.

DfE have identified that a national mental health leads training programme is required for schools to implement the whole school approach.

## Mental Health Green Paper

Inspectors will consider the extent to which school and college leaders take account of the workload and wellbeing of staff.

## Ofsted

These inspections will help us to see where children's mental health needs are being met and where things need to improve.

National Director for Social Care,  
Yvette Stanley

## National Association of Head Teachers

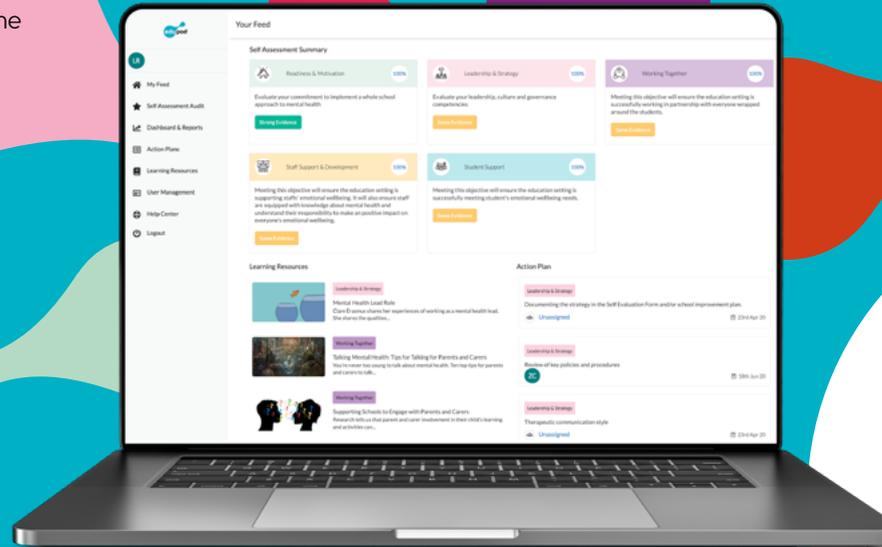
Teachers are dedicated, committed professionals whose instinct is to put children and their jobs first. But teaching is not the kind of job that can be done effectively when you're not at your best. Time spent ensuring good mental health benefits the whole school – and early intervention is key.

## Public Health England (PHE)

PHE identifies eight principles to promoting a whole school approach to mental health. These principles are integrated into EduPod.

## National Institute for Health and Care Excellence

Advises that primary schools and secondary schools should be supported to adopt a comprehensive, 'whole school' approach to promoting the social and emotional wellbeing of children and young people.



*Every school doesn't know quite where to start or they have started, but where do we go from here? Or we've started, we've done the research, we've actually started roll out initiatives but how do we measure impact? EduPod will allow schools to enter into the programme at different stages of their journey, so it's not a one size fits all, it becomes quite bespoke.*

Clare Erasmus, Mental Health Lead.

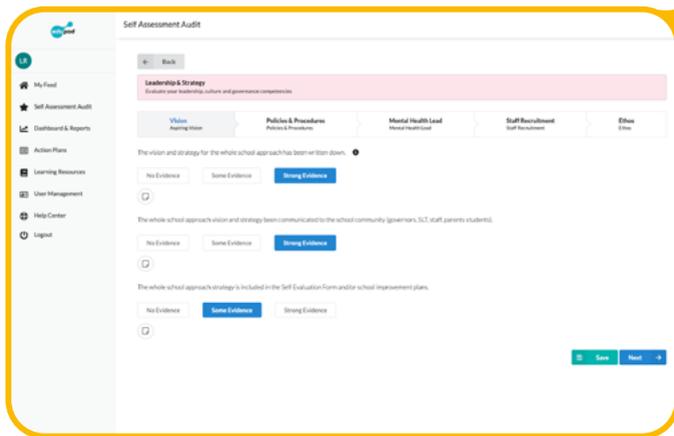
# Features & Benefits

EduPod is a new way for mental health leads to plan, manage and evaluate their journey to creating a happy and mentally healthy environment for the school community. EduPod is described as a one stop shop to support the implementation of the mental health strategy. It is accessible, affordable and addresses the key challenges.

## Self-Assessment Audit Tool

A logical and prescriptive self-assessment tool bringing together professional clinical experience, with Public Health England's and DfE recommendations.

Complete the standardised self-assessment audit tool to strategically assess your current progress and identify the areas to focus on.



### Clone previous self-assessment audits

No need to start again when you review your self-assessment audit, EduPod can copy the information from the previous assessments.



### Measure Impact

Keep track of the impact you are having on exclusions, attendance and staffing costs.

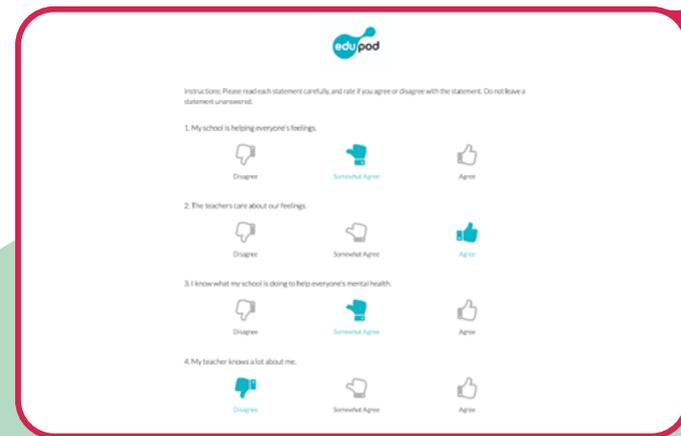
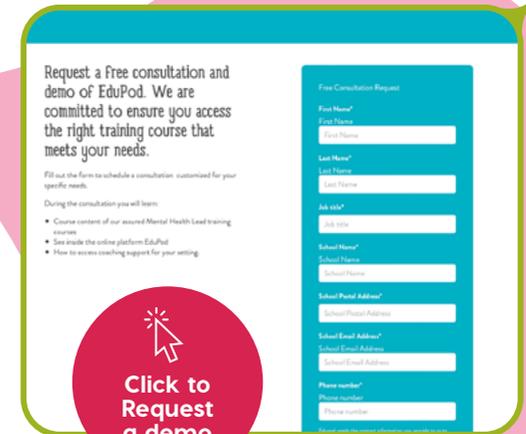


### Add notes

Add notes under each statement so you can log your evidence.

## Surveys

Capture the school community's voice with a simple click of a button with pre-generated surveys for staff, parents, students and governors.



### Unlimited surveys

Send pre-generated surveys to students, staff, caregivers and governors;



### Anonymous surveys

Send anonymous surveys to capture people's voices.



### Easy to send

Using your methods to communicate with the school community, send the survey by sharing the URL link



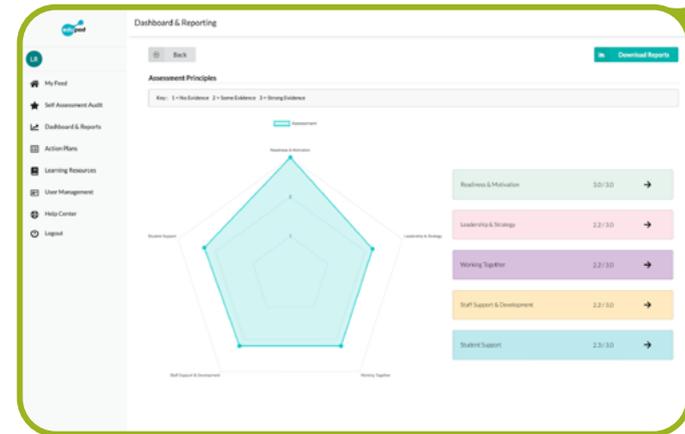
*The structure of EduPod is clear, logical and effective. Dr Asha Patel has obviously put a huge amount of thought and expertise into designing it.*

*Specific features I find particularly attractive include the numerous resources to support the wellbeing of both learners and staff, the surveys to measure the impact of creating a mentally healthy environment, and its' capacity to produce easy read data, enabling us to measure the success of the journey, and to use further resources to continue developing.*

Jacqueline Van-West,  
Director of Safeguarding, Wellbeing and Learning Support Services

## Dashboard & Reports

The results dashboard will analyse your self-assessment audit, survey responses and track your action plans. You can produce reports to track progression and present information to Ofsted, governors and senior leaders.



### Compare your self-assessment audit results

Compare your self-assessment audits to monitor progression.



### Deep Dive

Deep dive into the data to review your results within each principle of the self-assessment audit.



### Downloadable Reports

Download the results into a PDF document, making it easy for you to share the results.



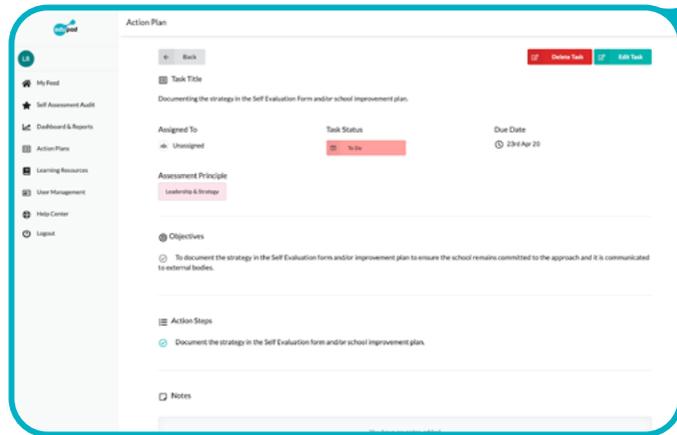
### Action Plan

Monitor the implementation of the action plan. Review progression status and target dates.

## Action Planning

Monitor actions, tasks and to-dos in one place.

The action plan module provides an easy to use template to log your tasks and link them to your self-assessment audit tool.



### Recommended action plans

Created by our professionals and automatically recommended to you based on the results from the self-assessment audit tool.



### Share the plan

Share a non-editable version of the action plan with the school community through a shareable URL link.



### Assign actions

Assign action to the team.



### Monitor the progression

Monitor of your action plan by changing the status, assigning dates and writing notes.

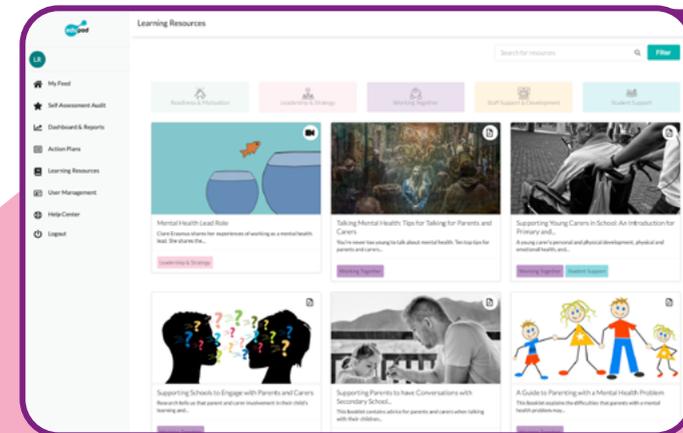
*What's exciting about EduPod is the fact that it is accessible platform. People can access whenever they want to and whenever they need to. It's not dependent on necessarily somebody coming into your school, so it can have quite a broad reach.*

Dr Licette Gus, Emotion Coaching UK,  
Educational Psychologist



## Learning Resources

Our resources are prepared, written, recorded and produced by clinical psychologists and complementary professionals. These professionals are often deemed to be out of reach. You can also learn from schools that have already implemented the whole school approach.



**Recommended resources** based on your self-assessment audit results.



**Search for resources** by keyword search, principles or file format (Video, PDF, Weblink).

# Get Your School Accredited

EduPod offers every participating school an exclusive award. The award process supports and helps schools to excel in creating sustainable mentally healthy environments and celebrates their achievements.

The award criteria are based upon implementing the principles within our self-assessment audit tool. This tool brings together the recommendations from Public Health England, The Department of Education and our own clinical expertise to enable schools to implement best practice.

The awards process supports schools to excel in creating sustainable mentally healthy environments and celebrates their achievements as they progress from establishing skills to excellence. This progression is reflected in our three awards.

*EduPod is the perfect means to measure impact and collate data on where schools are on their whole school approach to mental health journey. I will be encouraging all schools and colleges in the academy to include this in their core safeguarding offer.*

Laurie Cornwell, Deputy CEO,  
Orchard Hill College & Academy Trust.



Acknowledges schools that have made a significant commitment to investing in mental health.



Celebrates the achievement of implementing fundamental changes to create a mentally healthy environment.

Now you're on the journey and you've publicly committed to delivering a whole-school mental health support system. Make sure everyone knows you're starting to achieve excellence and performance.



Outstanding recognition for schools that have successfully implemented a whole school approach to mental health.

This is our top recognition award. Reaching this level is part of your biggest journey yet in achieving mental health excellence at your school. Celebrate and be proud.

# EduPod Packages

## EDUPOD

12 months EduPod access, billed annually. £35 per month (excl VAT)



<p><b>Self-Assessment Audit Tool</b></p>	<ul style="list-style-type: none"> <li>✓ Unlimited audits</li> <li>✓ Track exclusions, referrals, attendance &amp; HR Spend</li> </ul>
<p><b>Surveys</b></p>	<ul style="list-style-type: none"> <li>✓ Unlimited surveys to Staff, Students, Caregivers &amp; Governors</li> </ul>
<p><b>Dashboard &amp; Reports</b></p>	<ul style="list-style-type: none"> <li>✓ Download PDF reports</li> <li>✓ Compare self-assessment audit results</li> <li>✓ View survey results &amp; compare to the self-assessment audit</li> <li>✓ Deep dive into the data</li> <li>✓ View action plan results dashboard</li> </ul>
<p><b>Action Plans</b></p>	<ul style="list-style-type: none"> <li>✓ Recommended action plans</li> <li>✓ Share action plan via a URL link</li> <li>✓ Assign actions to the team</li> <li>✓ Monitor the progression of actions plans</li> </ul>
<p><b>Learning Resources</b></p>	<ul style="list-style-type: none"> <li>✓ Recommended resources</li> <li>✓ Search for resources</li> </ul>

## EDUPOD COACHING SUPPORT

Primary & Secondary School Coaching Support Packages.

<p><b>Primary School packages</b> start from £90 (excl VAT)</p>	<ul style="list-style-type: none"> <li>✓ 1:1 Coaching - 3 hours - £90 (excl VAT)</li> <li>✓ 1:1 Coaching - 6 hours - £180 (excl VAT)</li> <li>✓ 1:1 Coaching - 9 hours - £270 (excl VAT)</li> <li>✓ 1:1 Coaching 12 hours - £360 (excl VAT)</li> </ul>
<p><b>Secondary School packages</b> start from £105 (excl VAT)</p>	<ul style="list-style-type: none"> <li>✓ 1:1 Coaching - 3 hours - £105 (excl VAT)</li> <li>✓ 1:1 Coaching - 6 hours - £210 (excl VAT)</li> <li>✓ 1:1 Coaching - 9 hours - £315 (excl VAT)</li> <li>✓ 1:1 Coaching - 12 hours - £420 (excl VAT)</li> </ul>
<p><b>Bespoke Package</b></p>	<p>Build a tailored package of coaching for the year, to support your Senior Mental Health Lead with the whole school approach to mental health.</p>

\*Annual license, excluding VAT. Onboarding support for technical and professional services are offered remotely by our team of experts. Enterprise packages available, contact a member of the team to find out more.

\*Annual license, excluding VAT. Onboarding support for technical and professional services are offered remotely by our team of experts. Enterprise packages available, contact a member of the team to find out more.

*I recommended this to others in my academy as I feel it is of such great quality - from the training to the EduPod platform to the 1:1 coaching. It really is like a breath of fresh air to be able to come away from a training course and feel immediately 'ready to go' by being equipped with such quality follow up materials and personalised support. I really hope that many schools can experience this training and I feel that as a result, we will have many more young people wanting to come to school because of the 'whole individual' support they receive.*

Anon, Mental Health Lead



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