

Senior Mental Health Leads Training

Assured for the Department
for Education Grant

Welcome

Innovating Minds is a multi-award-winning social enterprise that cares about supporting mental health leads to create a whole school approach to mental health

Our team of Clinical Psychologists with 20+ years of experience are working nationally with senior leaders and designated mental health leads to create a sustainable culture that provides early mental health interventions and support for future generations.

Senior Mental Health Leads Training

Our courses have been assured for DfE grant funded senior mental health lead training.

Senior mental health lead training is a major training initiative that combines our clinical expertise with valuable access to one-to-one coaching, peer support, our online community and access to EduPod. Our online platform EduPod enables Mental Health Leads to plan, manage and evaluate their journey to creating a whole school approach to mental health whilst supporting their professional development.

**APPLY FOR
THE GRANT
HERE**

**Use your grant to pay
for training & resources.**

Our courses have been assured for DfE grant funded senior mental health lead training. This means your school can apply for £1200 of grant funding to fully subsidise your course.

Evidence Based Approach

Everything we do has been carefully researched and comes from a strong evidence base. We pride ourselves in being able to transform the evidence base into practice.

Our training pulls together our clinical experience, research and national guidance.

Department for Education (DfE)

DfE identifies a whole school approach to promoting good mental health as a protective factor for child and adolescent mental health.

DfE have identified that a national mental health leads training programme is required for schools to implement the whole school approach.

Mental Health Green Paper

Inspectors will consider the extent to which school and college leaders take account of the workload and wellbeing of staff.

Ofsted

These inspections will help us to see where children's mental health needs are being met and where things need to improve.

National Director for Social Care,
Yvette Stanley

National Association of Head Teachers

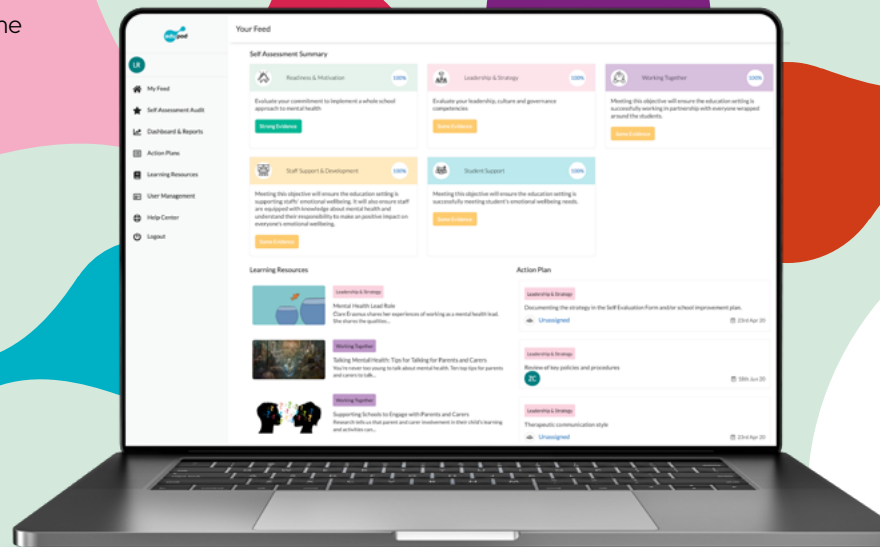
Teachers are dedicated, committed professionals whose instinct is to put children and their jobs first. But teaching is not the kind of job that can be done effectively when you're not at your best. Time spent ensuring good mental health benefits the whole school – and early intervention is key.

Public Health England (PHE)

PHE identifies eight principles to promoting a whole school approach to mental health. These principles are integrated into EduPod.

National Institute for Health and Care Excellence

Advises that primary schools and secondary schools should be supported to adopt a comprehensive, 'whole school' approach to promoting the social and emotional wellbeing of children and young people.



Every school doesn't know quite where to start or they have started, but where do we go from here? Or we've started, we've done the research, we've actually started roll out initiatives but how do we measure impact? EduPod will allow schools to enter into the programme at different stages of their journey, so it's not a one size fits all, it becomes quite bespoke.

Clare Erasmus, Mental Health Lead.



Online Live Course Code: SMHL019
Online Self-Paced Course Code: SMHL107

Beginners Online Live & Online Self-Paced

This course is for Senior Mental Health Leads that are new to the role and/or have not previously completed Senior Mental Health Leadership training. It is suitable for Mental Health Leads working in primary, secondary, and alternative provisions.

Starting this journey of implementing a whole school approach to mental health can feel exciting and overwhelming all at the same time. You may not know where to start or how to implement the eight core principles into your school setting.

This course is designed by Dr Asha Patel (Clinical Psychologist) and her team. She has a vast amount of experience of supporting schools to implement a whole school approach. The 2-day course will provide lots of opportunities for you to access peer support and it is filled of practical information and activities that will enable you to start thinking about your strategy. This package will

enable you to evaluate your current provision, create an action plan, access resources, and strategically implement solutions that will support the school community's mental health. We recognise that each journey is different therefore the coaching and access to our online platform (EduPod) will help you to confidently take the strategic lead, work efficiently and evaluate the impact of the strategy.

We provide wrap-around support, so you have access to experts, peer support and the resources you need to successfully implement the eight principles to create a sustainable whole school approach to mental health beyond the training course.

APPLY
TODAY

ONLINE
LIVE



2 day training online

ONLINE
SELF-
PACED



24/7 content
access on demand

12 Months Wrap Around Support Package



Full
access to
EduPod



2 hours
of 1:1
coaching



3 hours
group
coaching



Ongoing
access
to CPD



Online
community
forum

We envisage it will take two school terms to complete your training course, however everyone's journey is unique therefore we will work with you to ensure you have the support you need every step of the way.

APPLY
TODAY

Online Live
£800 (excl VAT)
per person.

APPLY
TODAY

Online Self-Paced
£600 (excl VAT)
per person.



Online Live Course Code: SMHL054
Online Self-Paced Course Code: SMHL054

APPLY
TODAY

Intermediate Senior Mental Health Leads Training Course

This training course is designed for senior mental health leads that are familiar with the role and/or who have completed limited senior mental health leadership training.

This course will deepen your knowledge and skills as a mental health lead and help you to navigate the next part of your journey to create a whole school approach that is consistently applied throughout the school.

This course is designed by Dr Asha Patel (Clinical Psychologist) and her team. She has a vast amount of experience of supporting Mental Health Leads that have prior training and experience in the role and are looking for support to take their skill set to the next level.

This package will enable you to evaluate your current provision, create an action plan, access resources, and strategically implement solutions that will support you to strengthen your skills and strategy as a mental health lead.

Access to EduPod will help you to confidently take the strategic lead, work efficiently, evaluate the impact of the strategy, and showcase the results to senior stakeholders.

We provide the wrap-around support to ensure you also supported beyond the training course.

ONLINE
LIVE



2 day training online

ONLINE
SELF-
PACED



24/7 content
access on demand

12 Months Wrap Around Support Package



Full
access to
EduPod



3 hours
of 1:1
coaching



3 hours
group
coaching



Ongoing
access
to CPD



Online
community
forum

We envisage it will take two school terms to complete your training course, however everyone's journey is unique therefore we will work with you to ensure you have the support you need every step of the way.

APPLY
TODAY

Online Live
£800 (excl VAT)
per person.

APPLY
TODAY

Online Self-Paced
£600 (excl VAT)
per person.



Online Live Course Code: SMHL080

APPLY
TODAY

Advanced Senior Mental Health Leads Training Course

This course will consolidate the vast amount of experience and knowledge you have as a mental health lead and support you to develop long-term sustaining strategy that does not solely rely on the mental health lead. By doing so you are ensuring the school can develop upcoming mental health leads and creating a sustainable whole school approach. The intense mentoring and peer support will enable you to devise an action plan that is relevant to creating a future proof strategy.

This course is designed by Dr Asha Patel (Clinical Psychologist) and our team of experts' that have a vast amount of experience of supporting Leads that are advanced in their journey to implementing whole school approach. This course is combined with one training day and lots of lots of opportunities for you to access peer support and 1:1 coaching.

This package will enable you to evaluate your current provision,

create an action plan, access resources, and strategically implement solutions that will support the school community's mental health. Access to EduPod will help you to confidently take the strategic lead, work efficiently, evaluate the impact and showcase the results to senior stakeholders.

The wrap-around support ensures you are supported beyond the training course.

12 Months Wrap Around Support Package



1 day training
via zoom



Full access to
EduPod



4 hours
1:1 coaching



6 hours
group coaching



Online
community forum



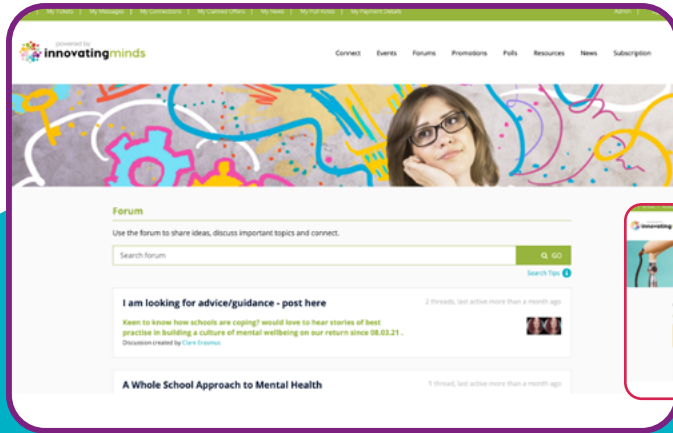
Ongoing access
to CPD

We envisage it will take two school terms to complete your training course, however everyone's journey is unique therefore we will work with you to ensure you have the support you need every step of the way.

APPLY
TODAY

Cost is
£1050 (excl VAT)
per person.

Terms & Conditions Apply



Online Community Forum

The online community forum 'Mind Space™' enables you to connect, engage and share. We bring together educational and health care professionals to enable collaboration to take place.

You will maintain your community forum membership after you have completed your training course.



Connect

Send friend requests
& chat privately



Share

Forums and Polls to share
resources and opinions



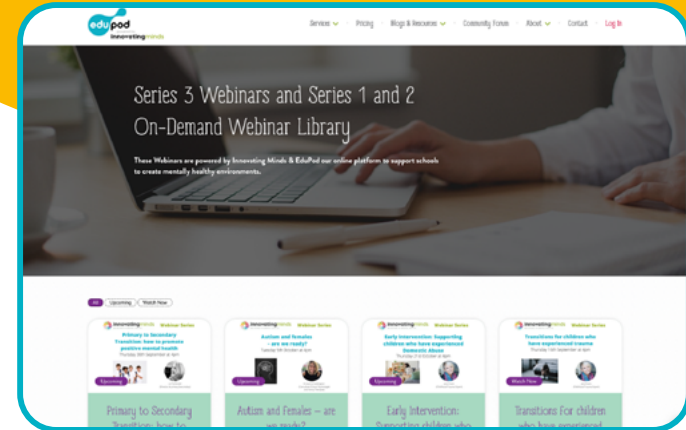
Promote

Promote your work,
news, and events



Webinars On Demand

Join our online live webinar series to access CPD on mental health related topics. We bring the experts to you at the click of a button. You can catch up on the previous series and share them with your school colleagues. Investing in your CPD is crucial to implementing a whole school approach to mental health.



We bring the
experts to you
at the click of
a button



Get Your School Accredited

We offer every participating school an exclusive award. The award process supports and helps schools to excel in creating sustainable mentally healthy environments and celebrates their achievements.

The award criteria are based upon implementing the principles within our self-assessment audit tool. This tool brings together the recommendations from Public Health England, The Department for Education and our own clinical expertise to enable schools to implement best practice.

The awards process supports schools to excel in creating a whole school approach to mental health and celebrates their achievements as they progress from establishing skills to excellence. This progression is reflected in our three awards.



Acknowledges schools that have made a significant commitment to investing in mental health.



Celebrates the achievement of implementing fundamental changes to create a mentally healthy environment.

Now you're on the journey and you've publicly committed to delivering a whole-school mental health support system. Make sure everyone knows you're starting to achieve excellence and performance.



Outstanding recognition for schools that have successfully implemented a whole school approach to mental health.

This is our top recognition award. Reaching this level is part of your biggest journey yet in achieving mental health excellence at your school. Celebrate and be proud.



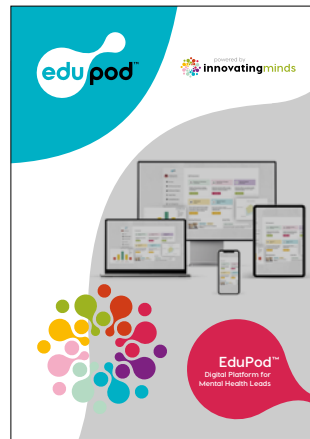


Working for Sustainable Change

Coaching Support

After 12 months you can continue to work with us here at innovating minds to ensure that the strategic changes you are making across the whole school context are impactful and more importantly sustainable.

Renewing your EduPod license will ensure you are able to continue your work within the platform and access a wrap around support package. You can build your own bespoke package of support by requesting the amount of hours you feel will be most beneficial to you and your setting across the next 12 months. Our dedicated support coach will be with you throughout your journey as you continue to make long term sustainable impact.



12 Months EduPod Access

(please note billed annually)

- ✓ Access to EduPod for the Whole School Team (12 Months)
- ✓ Online Community Forum
- ✓ Monthly CPD
- ✗ 1:1 Coaching
- ✗ Peer Group Coaching

£35 PER MONTH
(EX VAT)

Go to
edupod.com
for more information



Primary School - Coaching Support Package

- 1:1 Coaching - 3hrs - **£90 (ex VAT)**
- 1:1 Coaching - 6hrs - **£180 (ex VAT)**
- 1:1 Coaching - 9hrs - **£270 (ex VAT)**
- 1:1 Coaching - 12hrs - **£360 (ex VAT)**

Build a tailored package of coaching for a year, to support your Senior Mental Health Lead with the whole school approach to mental health.

APPLY TODAY

FROM £90 PER MONTH
(EX VAT)



Secondary School - Coaching Support Package



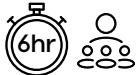







- 1:1 Coaching - 3hrs - **£105 (ex VAT)**
- 1:1 Coaching - 6hrs - **£210 (ex VAT)**
- 1:1 Coaching - 9hrs - **£315 (ex VAT)**
- 1:1 Coaching - 12hrs - **£420 (ex VAT)**

Build a tailored package of coaching for a year, to support your Senior Mental Health Lead with the whole school approach to mental health.

APPLY TODAY

FROM £105 PER MONTH
(EX VAT)

Course Comparison

	Beginners	Intermediate	Advanced
 Full access to EduPod	Yes (12 mths)	Yes (12 mths)	Yes (12 mths)
 1:1 coaching	2 hrs	3 hrs	4 hrs
 Group coaching	3 hrs	3 hrs	6 hrs
 Ongoing access to CPD	Yes	Yes	Yes
 Online community forum	Yes	Yes	Yes
ONLINE LIVE	 2 day training	 2 day training	 1 day training
ONLINE SELF-PACED	 content access on demand	 content access on demand	Not Available
ONLINE LIVE	£800	£800	£1050
ONLINE SELF-PACED	£600	£600	Not Available

Contact us if you need support in identifying the right course for you.

t: 0121 820 0313 | e: info@innovatingmindscic.com | w: www.myedupod.com





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